

2009  
Girls  
Dream  
Team



MICHIGAN INTERSCHOLASTIC SWIMMERS  
COACHES ASSOCIATION

200 Medley Relay



*Division 2 State Champions*

Holland High School  
1:45.47

Courtney Bartholomew  
Melissa Vandermeulen  
Emily Bos  
Klare Northuis

200 Freestyle



*Division 2 State Champion*  
**1:50.55**

Name: Amelia Marsh (Senior)  
High School: Okemos  
Parents: Terry and Pam  
Coach: Patrick Saucedo  
College you would most like to attend: University of Minnesota  
Major or subject area that you plan on studying in college: Undecided  
When did you start swimming competitively? Age 9  
Do you swim year round: Yes  
Where do you swim outside of high school: Spartan Swim Club  
Who had the greatest influence on you in regards to swimming? My parents because they always support me.  
What did/do you enjoy most about High School swimming? Spending time with my best friends on the swim team and participating in relays.  
What was your most memorable High School swimming experience? Doing yoga workouts with Diamond Dallas Paige

## 200 Individual Medley



### **Division 1 State Champion 2:00.72**

Name: Anna DeMonte (Sophomore)

High School: Ann Arbor Huron

Coach: Jenni Wilkening

College you would most like to attend: Too soon to make plans, but I want to attend a college with great swimming like the University of Arizona, Auburn, University of Georgia, University of Texas or University of Michigan  
Major or subject area that you plan on studying in college: Undecided

When did you start swimming competitively? Age 7

Do you swim year round? Yes Where? Club Wolverine

Who had the greatest influence on you in regards to swimming? Jenni Wilkening, my high school coach who was also my very first coach at summer league. Dan Ohm, my coach at Ann Arbor Swim Club, who taught me how to have fun swimming competitively

What did/do you enjoy most about High School swimming? Being apart of a team and working for your team and not just yourself

What was your most memorable High School swimming experience? Huron was an underdog team but we placed second at states in 2008

## 50 Freestyle



### **Division 1 State Champion 23.53**

Name: Jaynie Pulte

High School: Marian HS (Sophomore)

Parents: Jay and Julie

Coach: Bill Thompson

College you would most like to attend: Undecided

Major or subject area that you plan on studying in college: Pre-Med

When did you start swimming competitively? Age 6

Do you swim year round? Yes Where? Birmingham Blue Dolphins

Who had the greatest influence on you in regards to swimming? My parents and coaches Bill Thompson, Mike Wind and Mike Venos

Explain: They all believe in me and continue to help me be the best I can be in and out of swimming

What did/do you enjoy most about High School swimming? I enjoy being on my high school team - my extended family that encourages and supports one another.

What was your most memorable High School swimming experience? Winning Division 3 2008, runner up in Division 1 2009 and state champ in 50 free and setting a new record.

## Diving



### *Division 3 State Champion* **484.35**

Name: Randi Brown  
High School: East Grand Rapids HS  
Parents: Michael and Jill  
Coach: Anne Williamson  
College: Princeton  
Major or subject area that you plan on studying in college: Microbiology  
When did you start diving competitively? Age 11  
Do you dive year round? Yes Where? Grand Rapids Diving Club  
Who had the greatest influence on you in regards to diving? My coach, Anne Williamson, who has encouraged me and helped me improve for more than 4 years, and my dad, who makes sure I continue enjoying it, and gives me helpful diving tips  
What did/do you enjoy most about High School diving? The big meets at the end of the year such as conference and states, where everyone is excited and our hard work pays off  
What was your most memorable High School diving experience? This year winning the state meet as a team

## 100 Butterfly



### *Division 2 State Champion* **56.41**

Name: Marissa Murphy  
High School: Forest Hills Central  
Parents: Blair and Lisa  
Coach: Tim Jasperse  
College you would most like to attend: The University of Buffalo  
Major or subject area that you plan on studying in college: Undecided  
When did you start swimming competitively? Age 8  
Do you swim year round? Yes Where? Rapid Area Y Swimming  
Who had the greatest influence on you in regards to swimming? My high school coach, Tim Jasperse and my family  
Explain: Tim has been a very motivational coach the past four years. My family has always supported me  
What did/do you enjoy most about High School swimming? I really liked spending time with the team, making new friends, and learning to have a good work ethic  
What was your most memorable High School swimming experience? Setting two meet records and defending the 100 butterfly championship for 3 years in a row

## 100 Freestyle



### ***Division 2 State Champion 49.96***

Name: Emily Bos  
High School: Holland HS  
Parents: Jim and Karen  
Coach: Donald Kimble  
College you would most like to attend: Auburn  
Major or subject area that you plan on studying in college: Kinesiology  
When did you start swimming competitively? Age 10  
Do you swim year round? Yes Where? Michigan Lakeshore Aquatics  
Who had the greatest influence on you in regards to swimming? Coach Don and my family  
Explain: Dons commitment to making me the best swimmer I can be. My family for all of their love and support  
What did/do you enjoy most about High School swimming? Comroderly with my team. Working together to win meets. Team bonding activities. Food, fun and friends  
What was your most memorable High School swimming experience? Winning 6 individual state titles during my high school career.

## 500 Freestyle



### ***Division 1 State Champion 4:56.85***

Name: Rachel Johnson (Senior)  
High School: Milford HS  
Parents: Steve and Becky  
Coach: Heather Lutz  
College you would most like to attend: University of Toledo  
Major or subject area that you plan on studying in college: Undecided/Business  
When did you start swimming competitively? Age 7  
Do you swim year round? Yes Where? Kingfish Aquatics  
Who had the greatest influence on you in regards to swimming? Caroline Arakelian (Kingfish teammate and friend)  
Explain: Caroline has been a wonderful friend and a great influence on me. Her positive friendly attitude inspires me to push myself in practice and be more like her inside and outside the pool. She is very good at pushing me in practice and she is always there to help me



stay positive and focused on my swimming  
 What did/do you enjoy most about High School swimming?  
 The support that all my teammates give me. They are always there rooting for me and hoping that I'll do my best. They always expect me to do good and win my races and I love having pressure on me because it helps me get better  
 What was your most memorable High School swimming experience? When I won the 500 free as a sophomore at Division 2 state meet because I went in as an underdog and no one expected me to win the race. I definitely shocked my coaches and my friends because no one expected me to win

## 200 Freestyle Relay



**Division 2 State  
 Champions  
 1:36.99**

**Mercy High School  
 Taylor Steffl  
 Nikki Barczak  
 Olivia Samoray  
 Sato Kakihara**

## 100 Backstroke



**Division 2 State Champion  
 53.53**

**Name:** Courtney Bartholomew (Sophomore)  
**High School:** Holland HS  
**Parents:** Charles and Anne  
**Coach:** Donald Kimble  
**College you would most like to attend:** Undecided  
**Major or subject area that you plan on studying in college:** Physical Therapy  
**When did you start swimming competitively?** Age 5  
**Do you swim year round? Yes Where? Formally WMS now MLA**  
**Who had the greatest influence on you in regards to swimming?** Emily Bos  
**Explain:** She pushes me in practice to become a better swimmer  
**What did/do you enjoy most about High School swimming?** Being together as a team, and becoming more of a "family"  
**What was your most memorable High School swimming experience?** Breaking the 100 backstroke division 2 record, because I did not think it was possible to go that fast and I did not believe the time at first

## 100 Breaststroke



### ***Division 1 State Champion*** **1:04.43**

Name: Shelby Lacy (Junior)  
High School: Holland West Ottawa  
Parents: Mike and Lori  
Coach: Steve Boyer  
College you would most like to attend: Undecided  
Major or subject area that you plan on studying in college: Somewhere in the business field  
When did you start swimming competitively? Age 8  
Do you swim year round? Yes Where? Michigan Lakeshore Aquatics  
Who had the greatest influence on you in regards to swimming? Eric Solis  
Explain: He taught me so much when it comes to swimming. He gives me a good outlook as to what I can accomplish  
What did/do you enjoy most about High School swimming? Being with the team  
What was your most memorable High School swimming experience? Winning the 100 Breaststroke and getting the Division 1 meet record

## 400 Freestyle Relay



### ***Division 2 State Champions*** **3:27.39**

**Nicole Cordero**  
**Haley Thompson**  
**Courtney Bartholomew**  
**Emily Bos**