

ZONE 7 REPORT - Winter 2024

Submitted by: Gregg Brace - DeWitt High School

CAAC Division Champions

Blue Division:

DeWitt – Brock Delaney

Rick Edwards Award: Dominic Rose (12) - DeWitt

Red Division:

Mason – Connie Cantrell

Rick Edwards Award: Nick West (12) - Mason

MHSAA Championships

Division II

Okemos 9th

Event	Name	Grade	Place	Time
50 Freestyle	Derek Latimer	12	13	00:21.80
100 Freestyle	Derek Latimer	12	16	00:49.21
200 Freestyle Relay	Alex Huang	12	3	01:27.27
	Carlo Macerata	12		
	Derrin Cosguner	12		
	Derek Latimer	12		
100 Breaststroke	Alex Huang	12	4	00:58.21
400 Freestyle Relay	Derek Latimer (12)	12	8	03:17.71
	Alex Huang	12		
	Carlo Macerata	12		
	Karim Hussein	10		

Waverly (Lansing Catholic) 23rd

Event	Name	Grade	Place	Time
100 Butterfly	Elijah Nevins	12	12	00:52.52
100 Backstroke	Elijah Nevins	12	8	00:53.01

East Lansing 32nd

Event	Name	Grade	Place	Time
1 Meter Diving (11)	Julian Van Dyke	12	15	347.65

Division III
DeWitt 5th

Event	Name	Grade	Place	Time
200 Medley Relay	Grayson Busch	10	8	01:40.61
	Vincent Rose	9		
	Ben Mion	11		
	Noah Berns	12		
200 Freestyle	Dominic Rose	12	3	01:41.50
200 Individual Medley	Kaleb Casler	12	12	02:03.32
	Vincent Rose	9	13	02:04.28
1 Meter Diving (11)	Carson Reynolds	10	2	440.80
	Lily Kauffman	11	16	293.35
100 Butterfly	Ben Mion	11	11	00:52.99
	Kaleb Casler	12	14	00:55.45
100 Freestyle	Dominic Rose	12	4	00:46.72
	Aaron Thomas	12	1	00:54.07
500 Freestyle	Owen Reed	12	11	04:54.50
200 Freestyle Relay	Dominic Rose	12	8	01:29.85
	Kaleb Casler	12		
	Reid Rusthoven	11		
	Noah Berns	12		
100 Breaststroke	Vincent Rose	9	13	01:01.05
400 Freestyle Relay	Kaleb Casler	12	8	03:19.36
	Reid Rusthoven	11		
	Owen Reed	12		
	Dominic Rose	12		

Mason 10th

Event	Name	Grade	Place	Time
200 Medley Relay	Blake Delaney	9		01:40.87
	Aiden Metzger	12		01:40.87
	Nick West	12		01:40.87
	Landon Voss	9		01:40.87
200 Freestyle	Nick West	12	4	01:41.93
	Evan Collins	12	12	01:47.45
	Max Collins	12	14	01:48.55
1 Meter Diving (11)	Bruno San Felipe	9	9	335.95
	Atticus Erbe	12	13	319.35
100 Freestyle	Nick West	12	5	00:46.88
500 Freestyle	Evan Collins	12	12	04:54.57
100 Breaststroke	Aiden Metzger	12	15	01:02.60
400 Freestyle Relay	Evan Collins	12	7	03:17.05
	Gerald Verhage	12		00:50.86
	Max Collins	12		00:50.55
	Nick West	12		00:46.32

Haslett 25th

Event	Name	Grade	Place	Time
1 Meter Diving (11)	Gryffin Porter	12	5	421.50



M.I.S.C.A. Greater Lansing All-Area-Team 2024

Swimmer of the Year: Dominic Rose (12) - DeWitt

All-Area Dream Team

Alex Huang (12) - Okemos
Nick West (12) - Mason
Elijah Nevins (12) – Lansing Catholic
Evan Collins (12) - Mason
Owen Reed (12) - DeWitt
Max Collins (12) - Mason
Kaleb Casler (12) - DeWitt
Vincent Rose (9) - DeWitt
Derek Latimer (12) - Okemos
Grayson Busch (10) - DeWitt
Brayden Hirschman (11) - St. Johns
Peter McKinney (12) - Holt
Derrin Cosguner (12) - Okemos
Aiden Metzger (12) - Mason

Diver of the Year: JJ Van Dyke (12) - East Lansing

All Area Dive Team

Gryffin Porter (12) - Haslett
Carson Reynolds (10) - DeWitt

Coach of the Year: Connie Cantrell - Mason

Diving Coach of the Year: Hanna Leestma - DeWitt

Second Team

Carl Goeckel (11) - Ionia, Carlo Macerata (12) - Okemos, Parker Zaucha (10) - Eaton Rapids, Aidan Bellinger (12) - Williamston, Nathan Fordham (12) - Mason, Karim Hussein (10) - Okemos, John Bellon (12) - East Lansing, Ben Mion (11) - DeWitt, Aaron Thomas (12) - DeWitt, Jerry Verhage (12) - Mason, Theodore Baumer (11) - Grand Ledge, Nathan Thayer (11) - East Lansing, Blake Delaney (10) - Mason, Ethan Emerson (10) - Grand Ledge, Casey Sparks (12) - Holt, Kenneil Tucker (11) - Okemos, Adam Rickerd (9) - Charlotte, Danny O'Brien (11) - Eaton Rapids, Noah Berns (12) - DeWitt, Lucas Sullivan (11) - Eaton Rapids

Divers: Atticus Erbe (12) - Mason, Jonas Lusic (11) - East Lansing, Bruno San Felipe (9) - Mason

Coach: Madelyn Zink - East Lansing

Diving Coach: Cole Hughes - Mason

Honorable Mention

Ashton Argo (12) - DeWitt, Reid Rusthoven (11) - DeWitt, Auden Lenneman (10) - DeWitt, Colin Fitzgerald (10) - East Lansing, Logan Moon (10) - Okemos, Landon Voss (9) - Mason, Henry Joldersma (12) - Okemos, Kade Dextrom (10) - Holt, Jonah Robertson (10) - East Lansing, Jacob Cook (10) - Holt, Miles Buttell (10) - Grand Ledge, Arda Kocas (10) - Okemos, Sebastian Luce (12) - St. Johns, Jacob Calewarts (10) - DeWitt, Ahmed Aktulga (11) - Okemos, Alex Juras (10) - Mason

Divers: Vincent Manas (10) - St. Johns, Parker Beebee (12) - St. Johns, Lily Kauffman (11) - DeWitt

Coach: Val Finney - Eaton Rapids

Diving Coach: Tom Kuhlman - East Lansing