

Zone 3 Report Fall 2023

MISCA Zone 3 Coach of the Year: Paul LaCroix, girl & boy's dive coach from Allen Park, has been coaching for over 40 years. This season he assisted his diver, Amelia Luecke (SR) - Allen Park, to become the Downriver League Champion, 3rd place at Regionals, and 12th place at the D2 MHSAA Championships in Holland, MI. Paul has been known to assist multiple downriver school divers throughout the season. Not every team has a dive coach, and when swim coaches want to give a potential diver somewhere to excel, they call Paul.

Wayne County Championships at Grosse Pointe South HS

Northville, coached by Brian McNeff, repeats as county champions.

		score	First	Second	Third
1.	Northville	413	4	2	3
3.	Canton	275	2	1	3
4.	Salem	274	1	3	-
6.	Plymouth	109	-	1	
7.	Livonia Churchill	109	1		
8.	Allen Park	82			
10.	Roosevelt	76	-	-	-
13.	Livonia Franklin	51	-	-	3
17.	Woodhaven	3	-	-	-

KLAA A-Meet Championships at Brighton HS

This is the third year that the KLAA has divided their conference meet into two sites. The top 8 teams swam in the A-Championship Meet. Northville, coached by Brian McNeff, repeated for the 8th time in a row as top of the KLAA Conference. Runner up was Salem, coached by Matt Zavislak. Northville's Katherine White (SR) was the only dual individual event winner: 100 freestyle (50.94), 100 backstroke (56.51). As a unique note, three different teams captured honors of each relay: Medley (NV), 200 FRR (Salem), 400 FRR (BRI).

		score	First	Second	Third
1.	Northville	929	4	2	2
2.	Salem	664.5	2	1	1
3.	Novi	584.5	1	-	-
4.	Canton	582	3	4	2
5.	Brighton	557	2	2	5
6.	Livonia Stevenson	442	-	3	1
7.	Plymouth	359	-	-	1
8.	Hartland	305	-	-	-

KLAA B-Meet Championships at Belleville HS

The remaining 8 teams of the KLAA swam at the B-Championship Meet. Howell High School, coached by Zach Kasprzak, won the B-Championship Meet. Runner up was Churchill coached by Jim Sells. Churchill's Kara Svoboda (JR) was a two individual event winner, 200 free (2:07.26), 500 free (5:47.46). Livonia Franklin's Josey Coon (JR) was a two individual event winner, 200 IM (2:16.12), 100 fly (1:00.00).

		score	First	Second	Third
1.	Howell	884	5	3	1
2.	Churchill	757	5	4	1
3.	Belleville	597	-	-	3
4.	Dearborn	480	-	3	2
5.	Franklin	445	2	1	2
6.	John Glenn	416	-	1	2

7.	Fordson	286	-	-	-
8.	Wayne Memorial	169	-	-	-

Downriver League Championships @ Wyandotte Roosevelt HS

Allen Park High School, coached by Nick Kudla, took over the #1 spot in the Downriver League. Trenton's Sophia Shaul (JR) set two new Downriver League records: 200 free (1:54.95), 500 free (5:07.41). Carlson's Ashlyn Taylor (SO) was a double event winner in the 100 butterfly (57.16) and 100 breaststroke (1:13.20). Another interesting fact at the Downriver League Championships was that three different teams won the three relays.

		score	First	Second	Third
1.	Allen Park	714	4	4	2
2.	Wyandotte Roosevelt	662	2	4	6
3.	Carlson	531	4	2	3
4.	Woodhaven	423	-	-	1
5.	Trenton	387	2	2	-
6.	Anderson	142	-	-	-
7.	Edsel Ford	136	-	-	-
8.	Lincoln Park	55	-	-	-

Western Wayne Athletic Conference Girls Swimming Championship @ Garden City HS

Crestwood High School, coached by Mark Milewski, wins first place honors for the second year. Redford Union's Marshawna Line-Larsen (SO) was dual individual event winner in 200 free & 100 back. Annapolis' Zoey Parys (JR) was dual individual event winner in 50 free & 100 free. Crestwood's Lara Elhajj (SR) was a dual individual event winner in 200 IM & 100 breaststroke.

		score	First	Second	Third
1.	Crestwood	331	5	5	2
2.	Redford Union	176	2		4
3.	Annapolis	168	4	3	
4.	Garden City	150		1	5
5.	Redford Thurston	140		2	
6.	Romulus	84			

MHSAA D1 Championships at Eastern Michigan University

Ann Arbor Pioneer repeats as D1 State Champions. West Bloomfield's Elizabeth Eichbrecht (SO) was a double individual event winner in 200 free (1:48.08), 500 free (4:47.66). AAP's Stella Champman (SR) was a double event winner in 200 IM (1:59.49), 100 backstroke (53.54). Novi's Lorelai Maisano (SR) was state champ in diving (417.60). Jenison's Sophia Umstead (JR) was a double event winner in fly (53.80), 100 breaststroke (1:01.74).

	MISCA Zone 3 teams	score	First	Second	Third
5.	Canton	143.5	-	1	2
7.	Northville	119	-	-	1
14.	Brighton	66	-	-	-
15.	Salem	46	-	-	1
16.	Livonia Stevenson	45	-	-	-
23.	Novi	20	1	-	-
27.	Plymouth	9	-	-	-
40.	Howell	-	-	-	-
44.	Hartland	-	-	-	-

MHSAA D2 Championships at Holland Community Center

Farmington Hills Mercy, coached by Micheal Venos, won the D2 title. Seaholm's Kelley Hassett (SR) sets the D2 record in the 500 free (4:53.87).

	MISCA Zone 3 teams	score	
24.	Churchill	15	Med 24th; M. Lauer (SO) 200 IM 31st; S. Yessler (JR) - Diving 4th; H. Thurston (SR) 100 free 28th, 100 back 20th; 200 FRR 27th
25.	Franklin	14	Josey Coon (JR) - 200 free 12th, 100 free 9th
32.	Allen Park	5	Amelia Luecke (SR) - Diving 12th; 200 FRR 20th
37.	Carlson		400 Free Relay 23rd
40.	Roosevelt		Joanna Miciura (SO) - Diving 23rd; 200 FRR 24th
44.	Anderson		Ella Manor (11) - Diving 17th
47.	Woodhaven		Jamiee Moran (SO) - Diving 33rd

MHSAA D3 Championships at Oakland University

East Grand Rapids, coached by Milton Briggs, won the D3 title. Fun fact is the top seven places in the 100 butterfly were all seniors.

	MISCA Zone 3 team	score	First
42.	Trenton		Sophie Smith (JR) Diving 19th