

# Girls Swim and Dive Season 2024

## MISCA Zone 1 Report

Zone 1 includes teams from Detroit Public Schools and Macomb Area Conference. MAC covers Macomb County, St Clair County, and Grosse Pointe Public Schools. This report highlights division results, championship winners, special award winners, and state qualifiers from within Zone 1.

Zone 1 Coach of the Year Nominees: Austin Bateman (Henry Ford II), Danielle Woody (Fraser), Dave Smith (Dakota), Gary Peterson (Martin Luther King Jr), Mike Owensby (L'Anse Creuse North), Suzanne Trush (Romeo), and John Fodell (Grosse Pointe South).

Zone 1 Coach of the Year: John Fodell – Grosse Pointe South

MACOMB AREA CONFERENCE RED END OF SEASON REPORT FORM				
School Year	2024-2025			Notes
Division	MAC Red			
Sport	Girls Swim & Dive			
<b>Regular Season Order of Finish</b>				
Place	School Name	Conference Record	Overall Record	
1st	Grosse Pointe South	4-0		
2nd				
3rd	Dakota	2-2		
4th				
5th				
6th				
<b>All Conference Team</b>				
Name of Swimmer	School	Time	Events	

Mischa Eng, Nicole McEnro, Caroline Bryan, Loreleo Carr	Grosse Pointe South	1:48.93	200 Medley Relay	
Heidi Bryan	Grosse Pointe South	1:58.64	200 Freestyle	
Mischa Eng, Nicole McEnro, Caroline Bryan, Loreleo Carr	Grosse Pointe South	2:09.85	200 IM	
Whitney Handwork	Grosse Pointe South	23.78	50 Freestyle	
Arian Heugh	Dakota	404.1	1m Diving - 11 Dives	
Caroline Bryan	Grosse Pointe South	55/47	100 Butterfly	
Avery Beal	Grosse Pointe North	52.43	100 Freestyle	
Ella Threlkeld	Dakota	5:19.59	500 Freestyle	
Whitney Handwork, Lorelei Carr, Nicole McEnroe, Hannah DiDio	Grosse Pointe South	1:39.39	200 Freestyle Relay	
Caroline Bryan	Grosse Pointe South	57.29	100 Backstroke	
Caitlyn LeBel	Eisenhower	1:10.30	100 Breaststroke	
Whitney Handwork, Hannah DiDio, Mischa Eng, Caroline Bryan	Grosse Pointe South	3:35.50	400 Freestyle Relay	
<b>Season Awards</b>	<b>Name/School</b>	<b>School</b>		
<b>Coach of the Year</b>				
<b>Division MVP (Only 1)</b>	Caroline Bryan	Grosse Pointe Southh		
<b>Division Meet Champion</b>	Grosse Pointe South			
<b>Sportsmanship Award</b>	L'Anse Creuse North			

## MACOMB AREA CONFERENCE WHITE END OF SEASON REPORT FORM

<b>School Year</b>	2024-2025			<b>Notes</b>
<b>Division</b>	MAC White Division			
<b>Sport</b>	Girls Swim & Dive			
<b>Regular Season Order of Finish</b>				
<b>Place</b>	<b>School Name</b>	<b>Conf Record</b>	<b>Overall Record</b>	
1st	Fraser	4-0	5-3	
2nd				
3rd				
4th				
5th				
6th				
<b>All Conference Team</b>				
<b>Name of Swimmer(s)</b>	<b>School</b>	<b>Times</b>	<b>Events</b>	
Alyssa Chambers, Giselle Stone, Isabella Greco, Harper Savage	Romeo	1:58.82	200 Medley Relay	
Alyssa Chambers	Romeo	1:56.54	200 Freestyle	
Ella Sam	Utica	2:20.06	200 IM	
Olivia Buford	Stevenson	25.34	50 Freestyle	
Aneeka Mondal	Stevenson	350.25	1m Diving - 11 Dives	
Olivia Buford	Stevenson	1:02.40	100 Butterfly	
Addison Lasley	Fraser	1156.25	100 Freestyle	
Alyssa Chambers	Romeo	5:22.44	500 Freestyle	
Mara Marian, Alayna Collins, Nataly Dempsey, Ella Sam	Utica	1:50.79	200 Freestyle Relay	

Jayde Lemmon	Fraser	1:05.01	100 Backstroke		
Giselle Stone	Romeo	1:10.12	100 Breastroke		
Harper Savage, Isabella Greco, Giselle Stone, Alyssa Chambers	Romeo	3:53.51	400 Freestyle Relay		
<b>Season Awards</b>	<b>Name/School</b>	<b>School</b>			
<b>Coach of the Year</b>	Danielle Woody	Fraser			
<b>Division MVP (Only 1)</b>	Alyssa Chambers	Romeo			
<b>Division Meet Champion</b>	Fraser				
<b>Sportsmanship Award</b>	Stevenson				

<b>MACOMB AREA CONFERENCE BLUE END OF SEASON REPORT FORM</b>					
<b>School Year</b>	2024-2025				<b>Notes</b>
<b>Division</b>	MAC Blue				
<b>Sport</b>	Girls Swim & Dive				
<b>Regular Season Order of Finish</b>					
<b>Place</b>	<b>School Name</b>	<b>Conference Record</b>	<b>Overall Record</b>		
1st	Marysville	4-0			
2nd	Chippewa Valley	3 - 1	7 - 4		
3rd					
4th					
5th					
6th					
<b>All Conference Team</b>					

<b>Name of Swimmer</b>	<b>School</b>	<b>Time</b>	<b>Events</b>	
Rachel Kincher, Emma Meloche, Brooklynn Sims, Madelyn Habel	Chippewa Valley	2:01.16	200 Medley Relay	
Bailey Cook	Lakeview	2:10.34	200 Freestyle	
Rachel Kincher	Chippewa Valley	2:21.79	200 IM	
Brooklynn Sims	Chippewa Valley	26.18	50 Freestyle	
Brooklyn Shadley	Anchor Bay	313.60	1m Diving - 11 Dives	
Brooklynn Sims	Chippewa Valley	1:03.46	100 Butterfly	
Sam Hewson	Chippewa Valley	58.68	100 Freestyle	
Bailey Cook	Lakeview	6:02.64	500 Freestyle	
Sam Hewson, Blanka Sikora, Madlyen Habel, Brooklynn Sims	Chippewa Valley	1:50.93	200 Freestyle Relay	
Racehl Kincher	Chippewa Valley	1:00.56	100 Backstroke	
Jenna Williamson	Lakeview	1:17.20	100 Breaststroke	
Racehl Kincher, Blanka Sikora, Sam Hewson, Emma Meolche	Chippewa Valley	4:00.18	400 Freestyle Relay	
<b>Season Awards</b>	<b>Name/School</b>	<b>School</b>		
<b>Coach of the Year</b>	Danni Kudla	Lakeview		
<b>Division MVP (Only 1)</b>	Rachel Kincher	Chippewa Valley		
<b>Division Meet Champion</b>	Chippewa Valley			
<b>Sportsmanship Award</b>	Marine City			

## MACOMB AREA CONFERENCE GOLD END OF SEASON REPORT FORM

<b>School Year</b>	2024-2025			<b>Notes</b>
<b>Division</b>	GOLD			
<b>Sport</b>	Girls Swim & Dive			
<b>Regular Season Order of Finish</b>				
<b>Place</b>	<b>School Name</b>	<b>Conference Record</b>	<b>Overall Record</b>	
<b>1st</b>	Warren Woods Tower	4-0	6-5	
<b>2nd</b>	Henry Ford II	3-1	5-6	
<b>3rd</b>				
<b>4th</b>				
<b>5th</b>				
<b>All Conference Team</b>				
<b>Name of Swimmer</b>	<b>School</b>	<b>Time</b>	<b>Events</b>	
Jorden Lee, Kelsey Milz, Alyana Billicki, Mia Harris	Lamphere	2:17.30	200 Medley Relay	
Miley Mieczowski	L'Anse Creuse	2:05.91	200 Freestyle	
Ashlie Kropidlowski	Henry Ford II	2:51.67	200 IM	
Kelsey Milz	Lampehere	25.80	50 Freestyle	
Jessica Kwiatek	Henry Ford II	235.15	1m Diving - 11 Dives	
Miley Mieczowski	L'Anse Creuse	1:04.68	100 Butterfly	
Kelsey Milz	Lamphere	56.00	100 Freestyle	
Emma Hoy	Port Huron United	6:05.72	500 Freestyle	
Sarah Hubbard, Kialely Unger, Alexis Kardasz, Payton Zinyk	Warren Woods Tower	1:59.56	200 Freestyle Relay	
Aubrey Philip	L'Anse Creuse	1:18.76	100 Backstroke	

Taylor Thomas	Henry Ford II	1:22.97	100 Breastroke	
Sarah Hubbard, Cameryn Durso, Alexis Kardasz, Payton Zinyk	Warren Woods Tower	4:19.23	400 Freestyle Relay	
<b>Season Awards</b>	<b>Name/School</b>	<b>School</b>		
<b>Coach of the Year</b>	John Portalski	Warren Woods Tower		
<b>Division MVP (Only 1)</b>	Kelsey Milz			
<b>Division Meet Champion</b>	Henry Ford II			
<b>Sportsmanship Award</b>	Lamphere			

<b>MACOMB AREA CONFERENCE SILVER END OF SEASON REPORT FORM</b>				
<b>School Year</b>	2024-2025			<b>Notes</b>
<b>Division</b>	MAC Silver			
<b>Sport</b>	Girls Swim and Dive			
<b>Regular Season Order of Finish</b>				
<b>Place</b>	<b>School Name</b>	<b>Conference Record</b>	<b>Overall Record</b>	
1st	Warren Mott	4-0		
2nd				
3rd				
4th	Lake Shore High School	1 - 2 - 1	3 - 8 - 1	2nd place in division meet
5th				
<b>All Conference Team</b>				
<b>Name of Swimmer</b>	<b>School</b>	<b>Time</b>	<b>Events</b>	

Meredith Green, Liz Adams, Brooke Lowry, Allison Roy	Lake Shore	2:30.39	200 Medley Relay	
Brooke Lowry	Lakd Shore	2:32.16	200 Freestyle	
Addison Tiensivu	Center Line	3:09.35	200 IM	
Mackenzie Robinson	Cousino	31.38	50 Freestyle	
Mackenzie Robinson	Cousino	288.05	1m Diving - 11 Dives	
Meriam Akroush	Sterling Heights	1:35.64	100 Butterfly	
Allison Caramagno	Cousino	1:13.02	100 Freestyle	
Brooke Lowry	Lake Shore	7:01.64	500 Freestyle	
Roselle Nasser, Meriam Akroush, Lucy Parsina, Liza Galley,	Sterling Heights	2:25.22	200 Freestyle Relay	
Meredith Green	Lake Shore	1:32.44	100 Backstroke	
Addison Tiensivu	Center Line	1:29.08	100 Breaststroke	
Mackenzie Robinson, Sasha Cafagna, Madesun Drvodelic, Allison Caramagno	Cousino	5:17.12	400 Freestyle Relay	
<b>Season Awards</b>	<b>Name/School</b>	<b>School</b>		
<b>Coach of the Year</b>	Katie Braschayko	Warren Mott		
<b>Division MVP (Only 1)</b>	Mackenzie Robinson	Cousino		
<b>Division Meet Champion</b>	Cousino			
<b>Sportsmanship Award</b>	Warren Mott			



## DETROIT PUBLIC SCHOOLS END OF SEASON REPORT FORM

<b>School Year</b>	2024-25			<b>Notes</b>
<b>Division</b>	DPS			
<b>Sport</b>	Girls Swim & Dive			
Regular Season Order of Finish				
<b>Place</b>	<b>School</b>	<b>Conf Record</b>	<b>Overall Record</b>	
<b>1st</b>				
<b>2nd</b>				
<b>3rd</b>				
<b>4th</b>				
<b>5th</b>				
<b>6th</b>				
All Conference Team				
<b>Name of Swimmer(s)</b>	<b>School</b>	<b>Time/Score</b>	<b>Events</b>	
Stori Thomas, Brynn Monteiro, Natasha Shell, Aniah Thomas	Cass Tech	2:00.86	200 Medley Relay	
Simone Peacock	Cass Tech	2:17.73	200 Free	
Brynn Monteiro	Cass Tech	2:29.27	200 IM	
Ariana Byrd	Martin Luther King	25.00	50 Free	
			Dive	
Bili Thurmond	Martin Luther King	1:02.35	100 Fly	
Stori Thomas	Cass Tech	57.52	100 Free	

Ariana Byrd	Martin Luther King	5:37.58	500 Free	
Brynnn Monteiro, Victoria Espinosa, Simone Peacock, Aniah Thomas	Cass Tech	1:53.34	200 Free Relay	
Stori Thomas	Cass Tech	1:05.72	100 Back	
Bili Thurmond	Martin Luther King	1:08.99	100 Breast	
Stori Thurmond, Simone Peacock, Keleah Harris, Victoria Espinosa	Cass Tech	4:05.17	400 Free Relay	
<b>Season Awards</b>	<b>Name/School</b>	<b>School</b>		
<b>Coach of the Year</b>	Ja'Von Waters	Cass Tech		
<b>Division MVP (Only 1)</b>	Bili Thurmond	Martin Luther King		
<b>Division Meet Champion</b>	Cass Tech			
<b>Sportsmanship Award</b>				
<b>Division Championship Standings</b>	<b>School</b>	<b>Score</b>		
1 <sup>st</sup>	Cass Tech	207		
2 <sup>nd</sup>	MLK	113		
3 <sup>rd</sup>	Renaissance	71		
4 <sup>th</sup>	Western	67		
5 <sup>th</sup>	Central	8		
6 <sup>th</sup>				

MHSAA State Meet Qualifiers for Zone 1

**Division 1:**                      **Name**                      **Event**                      **Session**                      **Place**      **Time/Score**

Chippewa Valley –

1                      Rachel Kincher                      100 Y Back                      Prelims                      18                      1:00.45

Dakota –

1                      Ella Threlkeld                      500 Y Free                      Prelims                      15th                      5:15.11

2                      Ella Threlkeld                      200 Y IM                      Prelims                      21st                      2:13.02

3                      Ella Threlkeld                      500 Y Free                      Finals                      16th                      5:18.98

4                      Bridget Kelley                      50 Y Free                      Finals                      3rd                      1:12.37

5                      Bridget Kelley                      100 Y Free                      Finals                      3rd                      2:48.00

6                      Ariana Heugh                      1M Diving                      Finals                      10th                      344.70

7                      Rebecca Plieth                      1M Diving                      Prelims                      15th                      152.40

Romeo –

1                      Alyssa Chambers                      100 Y Free                      Finals                      6th                      52.21

2                      Alyssa Chambers                      100 Y Free                      Prelims                      6th                      52.23

3                      Alyssa Chambers                      200 Y Free                      Finals                      5th                      1:53.07

4                      Alyssa Chambers                      200 Y Free                      Prelims                      4th                      1:53.78

5                      Alyssa Chambers                      50 Y Back                      Prelims                      Relay                      28.03

6                      Giselle Stone                      100 Y Breast                      Prelims                      35th                      1:10.62

7                      Romeo                      200 Y Medley Relay                      Prelims                      19<sup>th</sup>                      1:53.64

Eisenshower –

1                      Natalie Gabriel                      500 Y Free                      Prelims                      38th                      5:24.47

2                      Caitlyn LeBel                      100 Y Breast                      Prelims                      27th                      1:09.68

3                      Natalie Gabriel                      200 Y Free                      Prelims                      36th                      2:01.01

4                      Caitlyn LeBel                      200 Y IM                      Prelims                      25th                      2:16.70

5                      Sophia Putti                      1M Diving                      Prelims                      29<sup>th</sup>                      131.95

Utica -

1                      Ella Sam                      500 Y Free                      Prelims                      41st                      5:32.47

Stevenson –

1                      Olivia Buford                      50 Y Free                      Prelims                      24th                      25.11

2                      Olivia Buford                      100 Y Fly                      Prelims                      33rd                      1:02.85

3                      Aneeka Mondal                      1M Diving                      Prelims                      25<sup>th</sup>                      138.65

<b>Division 2:</b>	<b>Name</b>	<b>Event</b>	<b>Session</b>	<b>Place</b>	<b>Time/Score</b>
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Cousino –

1	Mackenzie Robinson	1M Diving	Prelims	32nd	130.60
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Grosse Pointe South –

1	Caroline Bryan	100 Y Fly	Finals	1st	54.92
2	Caroline Bryan	100 Y Fly	Prelims	1st	55.20
3	Whitney Handwork	50 Y Free	Finals	1st	23.71
4	Whitney Handwork	50 Y Free	Finals	–	23.73
5	Whitney Handwork	50 Y Free	Prelims	2nd	23.77
6	Mischa Eng	100 Y Back	Finals	3rd	56.89
7	Whitney Handwork	100 Y Free	Finals	5th	52.32
8	Mischa Eng	100 Y Back	Prelims	3rd	57.08
9	Mischa Eng	100 Y Fly	Prelims	3rd	56.88
10	Caroline Bryan	100 Y Back	Finals	4th	57.34
11	Whitney Handwork	50 Y Free	Prelims	–	24.23
12	Whitney Handwork	100 Y Free	Prelims	5th	52.81
13	Caroline Bryan	100 Y Back	Prelims	4th	57.53
14	Mischa Eng	100 Y Fly	Finals	5th	57.37
15	Mischa Eng	50 Y Back	Finals	–	26.66
16	Nicole McEnroe	200 Y IM	Finals	3rd	2:09.24
17	Nicole McEnroe	100 Y Breast	Prelims	7th	1:06.92
18	Nicole McEnroe	200 Y IM	Prelims	6th	2:10.45
19	Quinn Ryan	50 Y Free	Prelims	14th	24.78
20	Hannah DiDio	100 Y Fly	Finals	6th	58.39
21	Hannah DiDio	100 Y Fly	Prelims	7th	58.62
22	Nicole McEnroe	100 Y Breast	Finals	5th	1:07.34
23	Quinn Ryan	50 Y Free	Finals	13th	24.90
24	Quinn Ryan	100 Y Back	Prelims	8th	59.03
25	Quinn Ryan	100 Y Back	Finals	7th	59.19
26	Heidi Bryan	200 Y Free	Finals	11th	1:57.26
27	Heidi Bryan	200 Y Free	Prelims	10th	1:57.51
28	Heidi Bryan	500 Y Free	Prelims	8th	5:16.97
29	Mischa Eng	50 Y Back	Prelims	–	27.39
30	Maryn Smith	500 Y Free	Finals	11th	5:20.24
31	Maryn Smith	500 Y Free	Prelims	11th	5:20.29
32	Hannah DiDio	50 Y Free	Prelims	27th	25.33
33	Heidi Bryan	500 Y Free	Finals	8th	5:20.98
34	Maryn Smith	200 Y Free	Prelims	21st	2:02.45
35	Lorelei Carr	200 Y IM	Prelims	17th	2:17.55
36	Lorelei Carr	100 Y Fly	Prelims	19th	1:02.22

37	Lillian Irby	100 Y Fly	Prelims	20th	1:02.26
38	Lydia Prysak	100 Y Breast	Prelims	25th	1:11.66
39	Natalie Warnick	200 Y IM	Prelims	29th	2:20.18
40	Betsy Ropke	100 Y Back	Prelims	33rd	1:04.64
41	GPS	200 Y Medley Relay	Finals	1st	1:45.99
42	GPS	200 Y Free Relay	Finals	2nd	1:37.19
43	GPS	200 Y Medley Relay	Prelims	1st	1:46.64
44	GPS	200 Y Free Relay	Prelims	2nd	1:37.85

Grosse Pointe North –

1	Avery Beal	100 Y Free	Finals	2nd	51.76
2	Avery Beal	50 Y Free	Finals	4th	23.86
3	Avery Beal	50 Y Free	Prelims	3rd	23.88
4	Avery Beal	100 Y Free	Prelims	2nd	52.10
5	Cailey Hard	50 Y Free	Finals	–	24.82
6	Cailey Hard	100 Y Free	Finals	–	54.05
7	Cailey Hard	200 Y Free	Finals	12th	1:57.54
8	Addie Wakefield	50 Y Free	Prelims	20th	25.04
9	Cailey Hard	50 Y Free	Prelims	–	25.09
10	Cailey Hard	200 Y Free	Prelims	12th	1:57.93
11	Cailey Hard	500 Y Free	Prelims	12th	5:20.63
12	Cailey Hard	500 Y Free	Finals	14th	5:23.61
13	Addie Wakefield	100 Y Free	Prelims	24th	55.84
14	Cailey Hard	100 Y Free	Prelims	–	55.94
15	Kennedy Hasting	200 Y IM	Prelims	28th	2:19.75
16	Mia Melhem	100 Y Fly	Prelims	30th	1:03.57
17	Kennedy Hasting	50 Y Back	Prelims	–	29.88
18	Kennedy Hasting	50 Y Back	Finals	–	30.06
19	GPN	200 Y Free Relay	Finals	3rd	1:38.71
20	GPN	200 Y Free Relay	Prelims	4th	1:38.83
21	GPN	400 Y Free Relay	Finals	5th	3:36.92
22	GPN	400 Y Free Relay	Prelims	6th	3:42.07
23	GPN	200 Y Medley Relay	Prelims	16th	1:55.34
24	GPN	200 Y Medley Relay	Finals	16th	1:57.41

L'Anse Creuse –

1	Miley Mieczkowski	100 Y Fly	Prelims		
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Lamphere –

1	Kelsey Milz	100 Y Free	Finals	13th	54.59
2	Kelsey Milz	100 Y Free	Prelims	12th	54.70
3	Kelsey Milz	50 Y Free	Prelims	25th	25.25

Martin Luther King –

1	Bee THURMOND	100 Y Breast	Finals	9th	1:07.05
2	Ariana Byrd	100 Y Free	Finals	10th	54.15
3	Ariana Byrd	100 Y Free	Prelims	11th	54.31
4	Bee THURMOND	100 Y Breast	Prelims	12th	1:08.93
5	Bee THURMOND	200 Y IM	Prelims	18th	2:17.69
6	Ariana Byrd	200 Y Free	Prelims	26th	2:04.93

Fraser –

1	Addison Lasley	100 Y Free	Prelims	31st	56.78
2	Anabeth Blehm	100 Y Breast	Prelims	22nd	1:10.82
3	Addison Lasley	200 Y Free	Prelims	23rd	2:02.86
4	Nevaeh Zatkoff	100 Y Free	Relay		1:01.05
5	Michaela Chandler	50 Y Back	Relay		31.61
6	Fraser	200 Y Medley Relay	Prelims	23rd	1:58.49
7	Fraser	400 Y Free Relay	Prelims	26th	3:58.77

**Division 3:**

	<b>Name</b>	<b>Event</b>	<b>Session</b>	<b>Place</b>	<b>Time/Score</b>
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Marysville –

1	Paige Sheldon	1M Diving	Prelims	29th	115.70
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Saint Clair –

1	Alyssa Schafer	1M Diving	Prelims	33rd	103.25
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This report was completed by Austin Bateman, Zone 1 Representative of MISCA.