

## "Swim to the Moon" 5K Open Water Swim Early Season Team Challenge

Dear Coach:

I am writing to let you know about a fantastic early challenge for training, team bonding, and community service. Swim to the Moon is a 5k open-water swim through the Hiland Chain of Lakes near Hell, Michigan. (Don't let the name scare you, it is actually very nice and peaceful.) It is a point to point swim with the start at the old University of Michigan Fresh Air Camp on the west shore of Patterson Lake, site of soon-to-be North Star Reach, a camp for children with life-threatening illnesses. The swim will raise money for the North Star Reach Camp.

Swimmers will go south and east through the heavily forested Pinckney Recreation Area, passing through five lakes along the way. Scattered cottages are the only signs of civilization. There will be a festive finish at the beach on the east shore of Halfmoon Lake.

The Hiland Chain is located in the heart of the Pinckney Recreation Area, about 20 miles northwest of Ann Arbor and some 40 miles from the Detroit Metropolitan Airport (DTW). There are nine lakes in the chain. The five traversed by Swim to the Moon are, in order, Patterson, Round, Island, Watson, and Halfmoon.

The Early Season High School Team Challenge is an opportunity for swim and water polo teams to do some early season bonding, training, and charity work. Teams must have a minimum of ten swimmers to score, but there is no maximum. The ten fastest times will be added and the team with the lowest score will take home a trophy. Members of all teams will take home a t-shirt, race giveaways, and a unique team bonding experience.

For those not quite ready for a 5k swim, we will have a "Crescent Moon Swim" which will be a one mile loop at Halfmoon Lake.

Both swims will be held on August 22, 2010 at 7:15 a.m.

Please feel free to contact me by phone or e-mail for more information.

Best Regards,  
Eva Solomon  
Race Director  
Epic Races



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